

Running Board Instructions

3140

2002-2005 Ford Explorer (4 Door)

(No Drilling Required)

INSTALLATION PACKAGE

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Necessary Tools

Measuring Tape
Ratchet wrench with 1/2" socket
Combination wrench

Bracket Bolt Pack

5/16" x 3/4" Hex Bolts	24
5/16" Flange Nut	18
5/16" U-Nut	6
5/16" Flat Washer	24

Running Board Bolt Pack

5/16" x 3/4" Hex Bolts	12
5/16" Flange Nut	12

STEP One: Determine proper bracket placement Fig A

- 1) On the rocker panel are 3 sets of holes.
- 2) Bolt the hanger brackets to those holes as in Fig A
- 3) NOTE: The front hangers are a little different from the middle and rear. The hole spacing is narrower.

STEP Two: Loosely bolt brackets to vehicles Fig B & C

- 1) Position the bracket on the hanger and hand tighten with a 5/16" bolt, flat washer and flange nut.
- 2) Above the top of the bracket in the vehicle will be a hole where the U-Nut clips on. Then run a 5/16" hex bolt w/ flat washer up thru the bracket into the U-Nut.
- 3) Place board on brackets by sliding mounting bolts in slots on underside of boards and allow bolt thread to drop through bracket slots with bracket mounted in position, slide 5/16" bolts down outside channels on underside of board so bolt stud will line up with bracket slots. Only one bolt is required to attach board to each bracket. Now install board on brackets to see if board is level.
- 4) Hand tighten the board to the brackets using 5/16" flange nuts
- 5) Slide board in or out to desired location
- 6) Tighten down lock nuts under running board

STEP Three: Tighten brackets

- 1) Check that all brackets are tight before stepping on boards.

Fig A



Fig B



Fig C

